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EARS, NOSE & THROAT ☉ ALLERGY THERAPY ☉ FACIAL PLASTIC SURGERY

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Lamb's Quarters *Chenopodium album (L.)*

Family:	Chenopodiaceae
Genus:	Chenopodium
Species:	Album
Common Names:	Lamb's Quarters, White Pigweed, White Goosefoot
Pollen Grains:	Spheroidal, 28 microns in diameter, small pores 2 microns in diameter and 5 microns apart.
Pollenating Period:	May to October
Distribution:	Throughout the United States
Allergic Importance:	Lamb's Quarters pollen is buoyant and is shed in moderate quantities. Becomes a hayfever factor in localities of abundance.

Lamb's Quarters is an annual herb two to seven feet tall. The plant is usually much branched. The leaves are one to two inches long and lanceolate shaped. The upper leaves have entire margins; the lower leaf margins are toothed (dentate). New growth is densely white-mealy; the older growth is more or less mealy throughout. Very small flowers are densely clustered in spikes to form an upright or slightly spreading panicle.